

BBC

Get Creative!

ABOUT GET CREATIVE

Get Creative is a campaign run by a group of cultural organisations to celebrate and support the everyday creativity happening in homes and public spaces. It aims to inspire people to try something new at home or at a Get Creative event and to encourage people to share their own examples of everyday creativity.



HAVE YOU EVER WANTED TO **FLY?**



Wired Aerial Theatre tour all over the world, dancing on the side of sky scrapers or swinging from cranes. The company are opening their doors for you to participate in free taster sessions where you will have the chance to fly!

We are offering the opportunity to come and experience sessions in Aerial Circus and Aerial Dance. Aerial Circus is open to anyone aged 6 yrs+ and Aerial Dance is suitable for anyone 16 yrs+.



wired
aerial theatre

the
higher
space...
X

To Book: www.wiredaerialtheatre.com/workshops/special-event

Or call us on 0151 207 7568

The Higher Space, 10 Cotton Street, Liverpool, L3 7DY.

SATURDAY 24TH MARCH 2018 SCHEDULE

Please arrive 15 minutes before the start time.

Pre-booking is advised as spaces are limited. To secure your place: www.wiredaerialtheatre.com/workshops/special-event

We offer a range of courses and workshops throughout the year, if you book one of these on the day you will receive a 10% discount.



9:30-11am

JUNIOR HOOP AND SILKS

Beginning with a short warm up, you will have the exciting experience of learning some mesmerizing moves on the silks and hoop.

JUNIOR CIRCUS CREATIVE PLAY

This session will allow the participants to have time exploring the circus equipment in a more creative way based on starting points and fun exploration.

11:00-11:30am



12-1:30pm

ADULT SILK AND HOOPS

After a short body conditioning warm-up you will be taught some thrilling skills on the hoop and silks, which will have you gripped and wanting to learn more!

ADULT CONTEMPORARY DANCE CLASS

This session will be a contemporary dance class looking at floor work and travelling sequences which will be linked into a short phrase.

1.45 - 2.30pm



2.45-4.45pm

BUNGEE-ASSISTED DANCE AND VERTICAL WALL

Enjoy moments of flight and support as you dive, bounce and zoom through the air on our specialised bungees then focus your thoughts and flip your world by 90°, as you fly and leap all over our tensioned fabric wall. We promise you will want to keep coming back!